

Nursery and Reception Class



Learning is fun!
Reading, Writing, Role Playing using our words



We love Playing In-Doors and Outside
Riding our Bikes, Playing Musical Instruments, Toy Cars, Building Blocks and all the Other Wonderful Activities in our Classroom



RECEPTION 2025 APPLICATIONS
The online Applications for Reception 2025 are now open
Apply by 15th January 2025
www.eadmissions.org.uk

All children must wear their full school uniform at all times:

Girls:
Grey Skirt/Trousers
Grey/Black Tights
White Polo Shirt
School Jumper or Cardigan
Black Shoes
School Rucksack

Boys:
Grey Trousers
White Polo Shirt
School Jumper & Black Shoes
School Rucksack

On PE Days:
Black/Navy Jogging Bottoms or Shorts
White T-Shirt
School Jumper
Black trainers

**NO LEGGINGS
NO LOGOS ON
JOGGING BOTTOMS**

Directschoolwear.co.uk

After School Clubs
Mondays
EYFS to Year 2 -Phonics Drama
Years 3 to 6—Science Inventors
Tuesdays
EYFS to Year 2 Life Skills
Years 3 to 6—Homework
Wednesday
All Year Groups -Arts and Crafts
Years 3 to 6—Steel Pans
Thursdays
EYFS to Year 6 - Music
Year 5 and 6 - Drama
Friday
Whole School 6 -Multi- Sports

Trips and Other Events

Museum Visit

SJOJ Y4 & Y5 visited The British Museum where they explored the Africa Gallery, specifically the section on **Ancient Benin**.



Forest School

Climbing trees, Finding Bugs and Having Fun in the Hammock



Universal Board Games

Tuesday Lunch Time Board Games are back !!!



All information about our school can be found on www.st-johnjerusalem.hackney.sch.uk

**Weekly Class
Attendance Award
Well done to...**



**Year 1— 97.3 %
Year 4 – 100%**



**Year 1—Esrom
Year 2 —Mariam
Year 4—Dakarai
Year 5—Raissa and Andrew
Year 6- Angela**



**Stay & Play
Sessions**

**Every Wednesday, we
welcome ALL
2-3 year olds to join
our Stay & Play session
from 9:30 — 10:30 am**

Certificates of Achievement

**Year 1 Jhene, Athena and Jasmin
Year 2 Mariam and Hemela
Year 3 Ava-Marie and Alexander
Year 4 /5 Olivia and Capri
Year 6 Jason and Angela**



RECIPE FOR A GREAT CONVERSATION

Regular conversations about mental health are a very important way to look after ourselves and talk about things affecting our lives.

INGREDIENTS

Mental health conversations may be even more important if your child is:

- acting out of character
- feeling worried
- changing their eating or sleeping habits
- having problems at school
- feeling angry
- battling with any other mental health challenges.

So here are some ingredients of a good mental health conversation that may be useful for your family.

1. Comfortable space
2. Conversation starters
3. A listening ear
4. Open questions
5. A role model

INSTRUCTIONS

STEP 1
Find a space where your child feels comfortable. E.g. the dinner table, on the walk to school, on the sofa or anywhere they feel safe.

STEP 2
Now it is time to start the conversation. You might want to try these questions:

- What was the best and worst bit of your day?
- What do you want to talk about?
- Is there anything that you need from me?
E.g. Space, time to talk, time to do something fun...

STEP 3
Prepare to listen by removing distractions, limiting interruptions and giving your full attention to your child. Tip: Try not to jump to trying to help, take time to listen and really understand what your child is going through.

STEP 4
Use questions that start with 'why', 'how' and 'what' to allow your child to explain their thoughts and feelings in detail. E.g. What was the biggest problem you had today?

STEP 5
Remember, conversations about mental health can be difficult for both the parent and child. It is important to be a role model by taking care of yourself, too.

Dates for your Diary

Tuesday 8th October

Flu Vaccination

Friday 11th October

3:30pm- Movie Night

Friday 18th October

3:30pm- Multi- Cultural Evening

28th Oct – 1st Nov

Half Term Break

Tuesday 5 & 6 November

Years 1 to 6 Hackney Museum Trip

Thursday 7th November

Harvest Festival

Monday 18th November

Flu Vaccination

Tuesday 26th November

Panto- Dick Whittington and his Cat

Wednesday 4th December

Parent Teacher Meetings



Lunch Menu for week beginning 7th October 2024

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	<u>Vegetarian Day</u> 50/50 Pasta with Homemade Vegetable Tomato Sauce and Cheese	Chicken Sausage	Soy and Honey Vegetable Chicken Stir Fry	Minced Beef Pie	Cod or Salmon Fish Fingers
Vegetarian Dish	With Main Meal	Vegetarian Sausage	Vegetable & Quorn Stir-Fry	Seasonal Winter Vegetable Pie	Homemade Vegetarian Sausage Roll/Samosas
Starch	Homemade Irish Soda Bread	Creamy Mashed Potatoes	Steamed Seasoned Rice	Roast Potatoes Slices with Rosemary	Oven Baked Wedges
Vegetable	Steamed Mixed Vegetables	Peas & Carrots	Steamed Broccoli and Cauliflower	Steamed Cabbage and Carrots	Baked Beans or Peas
Dessert	Fresh Fruit Platter or Yoghurt	Goosey Chocolate Brownie or Fresh Fruit Selection	Yoghurt or Fresh Fruit Selection	Apple Crumble with Custard or Fresh Fruit	Fresh Fruit Platter or Yoghurt
Drink	Water / Milk	Water / Milk	Water / Milk	Water / Milk	Water / Milk

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