



17/05/2021

Dear Parents/Carers,

As may you already be aware, Relationships and Sex Education (RSE), along with Health Education (HE), will soon be forming part of the National Curriculum. RSE is an important part of our school commitment to provide pupils with the knowledge and skills to keep themselves safe, make healthy choices, develop respect for themselves and others, and form positive and healthy relationships. The government guidance for Relationship and Sex Education (2019) outlines statutory learning outcomes for all primary-aged pupils from September 2020 (please see attached).

We will be teaching RSE & HE lessons in the summer term which will include topics such as healthy and respectful relationships, puberty, physical health and fitness, mental wellbeing, healthy eating, personal and online safety, health and prevention and basic First Aid. To deliver our curriculum, we use the Discovery Education RSE programme to support us in meeting these outcomes through dedicated lesson time.

Pupils will cover the following content across the year, these will be taught half termly:

Healthy and happy friendships
Similarities and differences
Caring and responsibility
Families and committed relationships
Healthy bodies, healthy minds
Coping with change

You have a right to withdraw your child from sex education that is delivered as part of the RSE curriculum. However, there is *no right* to withdraw your child from sex education lessons delivered through the science curriculum and all other subjects delivered in the RSE curriculum, such as Relationships Education e.g. family, friendships, safety (including online safety) – which are important for all children to be taught.

We are confident you will share our enthusiasm for the successful implementation of the Relationships and Sex Education and Health Education curriculum, which we feel will benefit all of our pupils.

Yours sincerely,

Asarena Simon

