YEAR 1

Year 1 have been learning how to make paper structures in the Design & Technology lessons. They did a great job! Well done Year 1







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All children must wear their full school

uniform at all times:
Girls: Grey Skirt/
trousers. Grey/Black
Tights. School
Jumper or cardigan.
White polo Shirt.
Black shoes.
Boys: Grey Trousers.
White polo shirt.
School Jumper.
Black Shoes.

On PE Days:

Black/Navy Jogging bottoms: Crew neck white t-shirt. School Jumper.

Black trainers.

We hope to continue wearing the PE Kit on PE days, however, if this is not possible, we will go back to wearing uniform and bringing PE kit in a bag.

<u>Uniform Stockist:</u> Directschoolwear.co.uk

What is Anger like for Young People



If your child can't tell you in words, they will often use their behaviour to let you know how they're feeling. A young person who is feeling angry may:

- Be outwardly aggressive—acting aggressively towards other people, including shouting, hitting or breading things
- Be inwardly aggressive—hurting themselves, for example by self –harming, or being very self critical
- Be passively aggressive—withdrawing, ignoring people, being sarcastic or sulking
- Feel things in their body like a race heart, feeling hot or tensing their muscles— for example clenching their fists
- Seem tense, unable to relax or easily irritated

Underneath these behaviours, a young person who seems very angry may also be feeling things like fear, stress sadness, hurt or worry—or might be struggling to cope with a difficult experience at school, at home or in another part of their life that they feel unable to talk about.

It can be helpful to remember that a person who's feeling angry a lot of the time probably isn't feeling very happy—and while it might not be obvious, what they often need is support. Supporting children and young people to put their feelings into words can help them to feel less overwhelming, making it less likely that they will need to act out.







Weekly Class Attendance Award Well done to...

Year 2—99.17% Year 6—100%



Certificates for Spanish

Nursery Miguel Reception Sofia

Year 1 Armahley

Year 2 David Year 3 Skyla

Year 4 Abigail

Year 5 Ellie

Year 6 Martha



Reception—Joan
Year 2—Alvin, Armin &
Harmony
Year 5—Daniel

Year 5—Daniel Year 6—Sean



Certificates of Achievement

EYFS Joan & Siona

Year 1 J'Sharl & Whole Class

Year 2 Emmanuel & Lucas

Year 3 & 4 Reuben & Whole Class 3

Year 5 Naya & Rhome

Year 6 Darasimi & Alex

Spring Term - PE Timetable

Mondays – Early Years, Year 3, Year 4

Tuesdays—Year 1 & Year 2

Wednesday—No PE

Thursday—Year 5 & Year 6

Friday—Year 3, Year 4, Year 5 & Year 6

Please ensure your child comes to school in their full school PE Kit.

March

Fun Facts About Chicks
Did you know....

Chicks and eggs are often associated with Easter because they symbolise the resurrection of



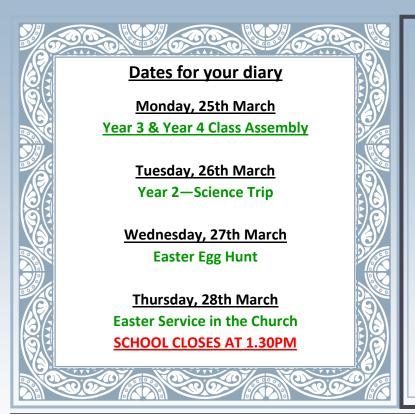
Jesus Christ because they represent new life!

Stay & Play
Sessions

Every Wednesday, we welcome ALL

2-3 year olds to join our Stay & Play session from 9:30 — 10:30 am





Twitter—X

Click on the black **X** in the top right hand
Corner of the front page of our school
Website, to see our
Twitter page!



Lunch Menu for week beginning 25th March 2024

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	<u>Vegetarian Day</u> Margharita Pizza on Wholemeal Base	Grilled Chicken Thigh	Cheesy Beef Pasta Bake	Mild Chicken Curry	Oven Baked Breaded Fish Fillet with Ketchup
Vegetarian Dish	With Main Meal	Grilled Jerk Quorn Slices	Lentil and Vegetable Tomato Pasta	Vegetable and Chickpea Curry	Vegetarian Sausages with Ketchup
Starch	Oven Baked Potato Wedges	Jollof Rice	French Bread	Steamed Rice	French Fries
Vegetable	Corn on the Cob	Beans and Peas	Carrot and Sliced Green Beans	Steamed Broccoli	Garden Peas
Dessert	Dorset Apple Tray Bake	Fresh Fruit Salad or Yoghurt	Rice Pudding with Fruit Compote	Short Bread Biscuit	Fresh Fruit Platter
Drink	Water / Milk	Water / Milk	Water / Milk	Water / Milk	Water / Milk

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