



Year 1 & 2



Year 1 and Year 2 have been having fun being scientists this week.

We have been out and about investigating the different types of plants and trees that can be found in our area.

Ask us some questions, and I'm sure we will be able to impress you with our scientific knowledge!



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School Uniform

Stockist:

Direct School Wear is the uniform stockist for our school. Orders must be placed online, for uniform to be delivered to your home.

Directschoolwear.co.uk

School Twitter Page

Please check our school twitter feed, to stay up-to-date with all our school events and activities!

Invite your friends and family to follow us on Twitter too!



HANDS



FACE



SPACE



FRESH AIR



Mental Health and Well Being Page

Find ways to relax

Encourage your child to do regular physical exercise. For example, star jumps, running in the garden, skipping or playing a game such as football or dodgeball.

Slow deep breathing

1. Take a slow deep breath
2. Hold it for 5 seconds
3. Very slowly breath out

Relaxing your body

Sit or lie somewhere quiet and comfortable.

1. Stretch out your arms and make a fist, then relax.
2. Push your legs out, wiggle your toes, then relax.
3. Shut your eyes tight and pull a scrunched up face, and then relax.

Think of calming images - Imagine somewhere you feel safe and happy, such as a beach or a park. Imagine the sun on your face and the wind in your hair.

Relax by reading a book, watching TV, listening to music, gardening, going for a walk, taking a bubble bath, colouring, drawing or stroking a pet.

Use your senses - When you're out for a walk, use your five senses to relax – notice what you can see, hear, feel, smell and taste.

Mindfulness - You can find mindfulness activities on these free apps: SmilingMind; HeadSpace; Breath, Think, Do with Sesame; Three Good Things: A Happiness Journal.

When your child finds a relaxing activity that works, encourage them to teach it to the whole family, this will boost their confidence!



May-June Half-Term Science Activity Holiday Camp 2023

Weird Science! – New for 2023

Tue 30 May–Fri 02 June 2023 (4 days – Bank Holiday Mon 29 May)


Every year both UK and International children fly in from all over the world for our holiday camps. All your child requires is a basic level of spoken English.

Book with Confidence! – Our 'Wraparound Childcare' can run as normal in any Lockdown or Tier level. All UK Childcare Vouchers, GTF, CGPS and Universal Credit payment methods accepted. We Offer Full 'No Quibble' Refunds – in the unlikely event of cancellation for any reason you give.



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Birthday Party | Holiday Camp | Science Club | Science Workshop | Franchise

www.mnature.co.uk



Multi-Booking Discount

We reward parents who book **multiple full-week places**, siblings or together in a group with friends. See an example below where you can save up to £100 by booking with your friends. e.g. Sarah Booked online for her 5 friends as per below using Basket Code C20 and saved everyone £20 and £100 in total.

- £10 off full price (–£5/child) when you book 2 weeks / children
Coupon Code: C5
- £30 off full price (–£10/child) when you book 3 weeks or children
Coupon Code: C10
- £60 off full price (–£15/child) – when you book 4 weeks or children
Coupon Code: C15
- £100 off full price (–£20/child) – when you book 5 weeks or children (–£20/child)
Coupon Code: C20

Please note: friends in a group can also book online separately (choosing Checkout, Pay by Other Method) but one friend must pay for everyone via a single transaction bank transfer to qualify for the multi-book discount – you cannot pay separately. Available at participating offices only.

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**Weekly Class
Attendance Award
Well done to...**

Year 1—90.00%

Year 6—96.15%

April

Fun Facts about FROGS

**Did you know that
Frogs are
Amphibians.**



**This means that
they can live on land
and in water!**

Summer Term - PE Timetable

Year 3, Year 4, Year 5 & Year 6

Thursdays

Reception, Nursery, Year 1 & 2

Fridays

Please ensure your child comes to school dressed in their full school PE kit.

This must be a white t-shirt & dark bottoms and school uniform jumper

Certificates of Achievement

Year 1 & 2 Prince & Alexander

Year 3 Andrew & Dekarah

Year 4 Joshua & Imanii

Year 5 Martha & Alex

Year 6 Leona & Josiah

***Stay & Play
Sessions***

**Every Wednesday, we
welcome ALL
2-3 year olds to join our
Stay & Play session from
9:30 — 10:30 am**

**Happy
birthday**

Year 5—Modou



May Events Dates for your Diary

Tuesday, 9th—12th May

Year 6 SATS Week

Wednesday, 17th May

Big Breakfast—Parents Invited

Monday, 22nd to 26th May

Year 5 Trip to Madrid

Monday 29th May to Friday, 2nd June

Half Term Break

Our School Values

Love of God

Love of Learning

Love of One Another



Lunch Menu for week beginning 1st May 2023

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	<u>Vegetarian Day</u> Margarita Pizza on Wholemeal Base	Grilled Chicken Thigh	Cheesy Beef Pasta Bake	Mild Chicken Curry	Oven Baked Breaded Fish Fillet with Ketchup
Vegetarian Dish	With Main Meal	Grilled Jerk Quorn Slices	Lentil and Vegetable Tomato Pasta	Vegetable and Chickpea Curry	Vegetarian Sausages with Ketchup
Starch	Oven Baked Potato Wedges	Jollof Rice	French Bread	Steamed Rice	French Fries
Vegetable	Corn on the Cob	Beans and Peas	Carrot and Sliced Green Beans	Steamed Broccoli	Garden Peas
Dessert	Dorset Apple Tray Bake	Fresh Fruit Salad or Yoghurt	Rice Pudding with Fruit Compote	Short Bread Biscuit	Fresh Fruit Platter
Drink	Water / Milk	Water / Milk	Water / Milk	Water / Milk	Water / Milk

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